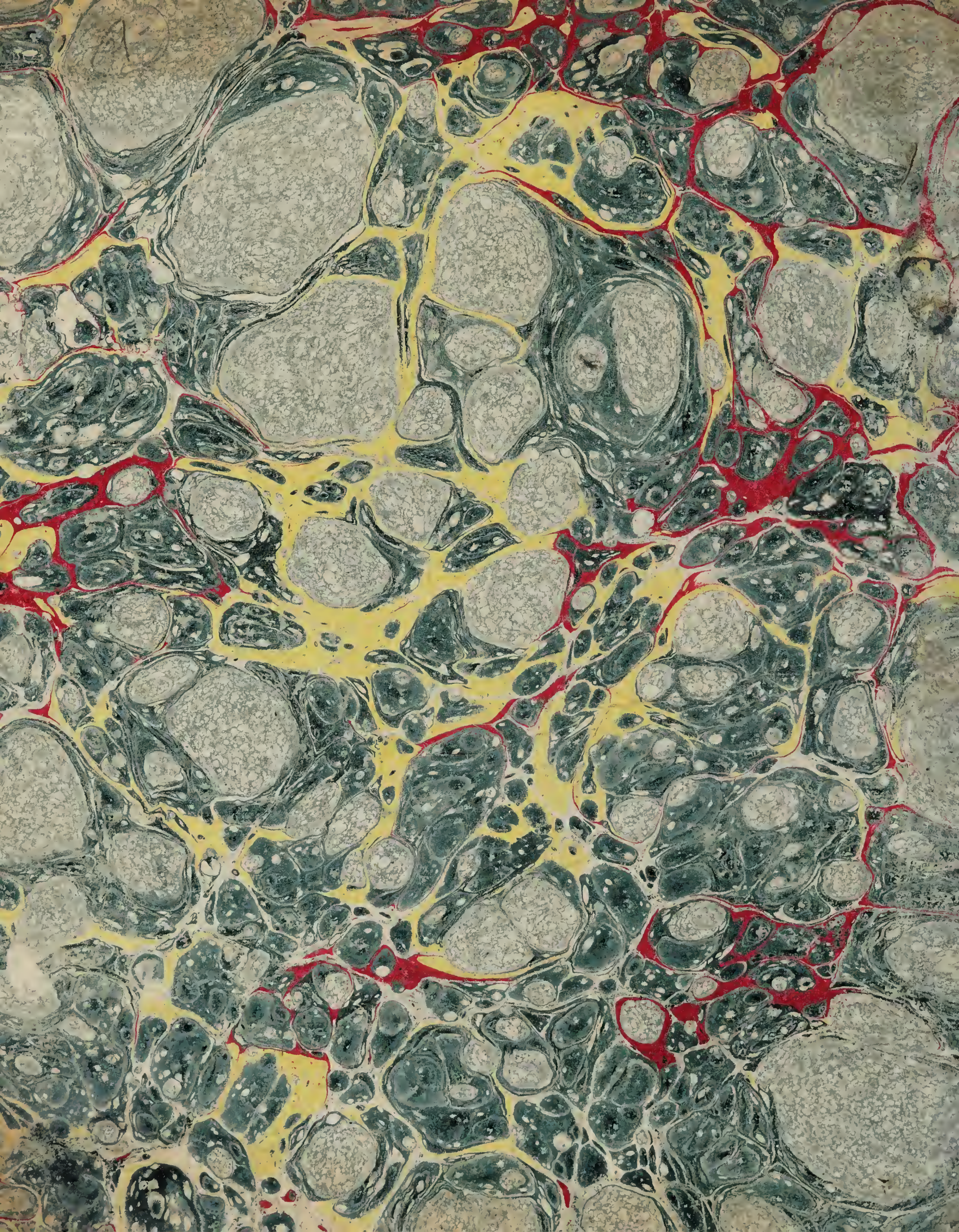

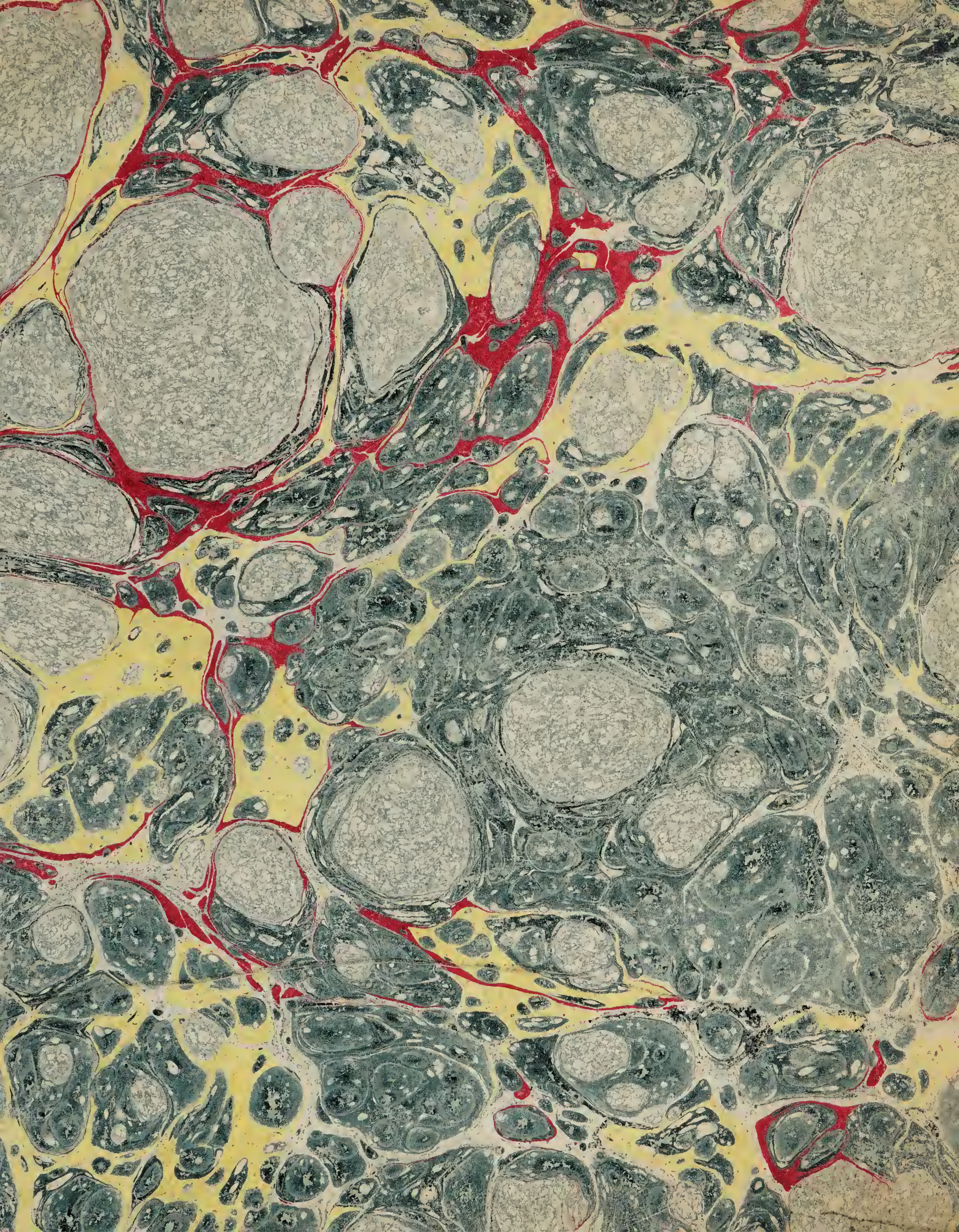

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NOTTINGHAMSHIRE COUNTY LUNATIC
ASYLUM, Sneinton

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THE

ARTICLES OF UNION,

ENTERED INTO AND AGREED UPON,

BETWEEN

THE JUSTICES OF THE PEACE,

for the County of Nottingham;

THE JUSTICES OF THE PEACE,

FOR THE

County of the Town of Nottingham;

AND THE

SUBSCRIBERS TO A VOLUNTARY INSTITUTION;

for the purpose of providing

A GENERAL LUNATIC ASYLUM,

NEAR NOTTINGHAM;

together with the

BY-LAWS,

RULES, ORDERS, AND REGULATIONS,

ESTABLISHED

FOR THE MANAGEMENT AND CONDUCT

OF THE

INSTITUTION.

NEWARK:

Printed by S. and J. Ridge, Market-place.

[1811]

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RESOLUTIONS.

AT an extraordinary general meeting of the visiting governors, the governors, and the subscribers to the general lunatic asylum, near Nottingham, held on the twenty-seventh day of March, in the year of our Lord, one thousand eight hundred and eleven, pursuant to a public advertisement, twice inserted in the county newspapers:

JOHN STORER, M. D. Vicepresident, in the Chair.

IT WAS RESOLVED:

THAT the rules, orders, and regulations, drawn up and presented by the Reverend John Thomas Becher, for the management and conduct of the general lunatic asylum, near Nottingham, be observed and enforced;

and do, from this time, become the by-laws of this institution.

That the address, now read by Doctor Storer, be printed and annexed to the articles of union; and, that five hundred additional copies of the same be printed and circulated for the purpose of promoting the interests of the institution.

That the Reverend John Thomas Becher be requested to undertake the trouble of printing and publishing the articles of union, the code of by-laws, and the address to be annexed to them, in the manner, that he shall judge most likely to advance the interests of the lunatic asylum.

Signed,

by desire of the meeting,

JOHN STORER,

Vicepresident.

AN

ADDRESS

TO THE PUBLIC,

ON THE

Nature, Design, and Constitution

OF THE

GENERAL LUNATIC ASYLUM,

NEAR

NOTTINGHAM.

THAT spirit of active beneficence, which pervades this nation, and so eminently distinguishes the age in which we live, cannot be more fitly exemplified, nor more happily illustrated, than by contemplating the various forms and modes of charitable institutions, which have successively arisen; each embracing separate objects, yet all uniting in the great design, to improve the character and condition of the poor.

Institutions of this description, whether destined on the one hand, to supply the wants, or to relieve the infirmities and diseases of the labouring poor; or, on the other, to cultivate their minds, to promote habits of industry, or to correct vicious propensities, are justly deemed the fairest embellishments of civil society; and, whether originating in the liberality of individuals, or sanctioned by public authority, they constitute the firmest support, and the most flattering ornaments, of a free, opulent, and powerful state.

Among the numerous establishments of this sort, happily to be found in every part of this kingdom, a general asylum for the reception, care, and maintenance of lunatics, will, deservedly, occupy a distinguished place in the estimation of the public; as conferring important benefits on civil society, and proposing peculiar advantages to the afflicted individuals, for whose aid and comfort it is designed.

The services, that it renders to society,

are effected by removing many sources of injury and annoyance, which are reciprocally suffered and inflicted by those unhappy persons, when permitted to wander at large in our streets and highways; and by relieving private families from the burden and responsibility of a painful and unavailing attendance on a disease, to which they are utterly incapable of rendering any real assistance; which their assiduities tend more frequently to aggravate than alleviate; and which must end in the ruin of their own domestic economy and comfort.

To the patients themselves, the advantages proposed by such an establishment, are still more obvious and important. It begins by removing the afflicted object from the contumelious gaze of vulgar curiosity, which frequently augments, in no small degree, the irritation incident to the disease. It proceeds to cover with the veil of privacy, his misery and degradation, together with every other circumstance injurious to himself, or offensive

to society; whilst it furnishes within its precincts every real accomodation; and makes due provision for every enjoyment and recreation, of which his condition is susceptible. In a word, it unites in one spot, and under one system of management, the collective means, which the present state of knowledge has discovered to be capable of alleviating or removing this most inveterate and humiliating of all the maladies, to which man is heir.

The most cursory view of this subject will suffice to convince any reflecting mind, that the proper treatment of the insane is not a matter of easy attainment, to which every bold pretender is competent. It is an art of itself, independent of every other, and including a system of moral as well as medical management, of which the just principles must be the reward, resulting from a habit of correct observation and persevering reflection on the moral and physical temperament of the afflicted. That the disease itself, in its various modifications, assumes, and daily exhibits,

different and apparently opposite conditions, is well known; still, experience has taught us, that certain general principles are more or less applicable to the treatment of all; whilst it is equally true, that such is the endless variety of symptoms and circumstances in the cases of individuals, as to exercise the sagacity and discrimination of those most conversant in the treatment of this complex disease.

In this aspect, an asylum for lunatics ought to be an establishment, conducted under the sanction of general rules, the due application of which demands the aid and co-operation of several individuals properly selected and instructed in their particular duties; in the discharge of which, they may be supposed to acquire an accession of skill and dexterity, by daily habit and observation.

Such an assemblage of means and advantages can rarely, if ever, be united in the private habitations even of the opulent. This is

one of the reasons, why the relations of insane persons among the rich, as well as poor, have found it advisable to prefer establishments of this kind, as the best calculated for the effectual attainment of the great object in view: a second is founded on the inefficiency, and, as it is usually managed, the insecurity of domestic treatment, and its absolute incompatibility with the comforts of a private family: a third reason claims our particular notice, and is the more to our purpose, since it originates in the nature and symptoms of the disease in question. It is well known, that cases of insanity are, in their commencement, frequently detected, and distinguished from other complaints, by a suspicion, expressed by the patient, of dark designs and conspiracies against his liberty or life, formed by those of his friends, who are immediately about him; and accompanied with a jealousy and distrust of his nearest connexions, which is usually in a degree proportioned to the attachment previously subsisting between them. Thus, the tender assiduities of his dearest re-

latives become, to the deluded imagination of the patient, an aggravation of his disease; and such is often his horror at their approach, as to render an entire separation indispensable. Yet, it is remarked of those very individuals, that they become comparatively quiet and contented under the direction of strangers, who possess the art of exercising over them a well regulated and temperate authority. With what peculiar force does this reasoning apply in favour of the late provision by the legislature to render public establishments for lunatics more general!

These are some of the reasons, why the rich and poor meet together in this sanctuary for the afflicted; and why the wealthy, as well as the needy, are glad to avail themselves of its aid to their suffering relations. It follows, that every establishment of the nature and extent, which we have in view, must be fitted up with apartments and other accommodations, suitable to the different classes of patients, and to their abilities for defraying the neces-

more is demanded from the opulent than the actual cost of their care and maintenance; it is equally reasonable and consonant to the genuine principles of charity, that the surplus, arising from such payments, should be applied to the assistance of others, labouring under a similar infliction, but who are, unhappily, without the means of subsistence under it, or relief from it. It has, indeed, been foreseen, that such surplus would prove a very inadequate relief to the indigent classes, for a considerable period, after the first establishment of a lunatic asylum; and until it had acquired sufficient character to render it the resort of those in more affluent circumstances. Acting under this conviction, and reposing a just confidence in the liberality of the public, already so amply experienced, the governors have adopted the scheme of a permanent charitable fund, described in the fourth and fifth articles of union, to be wholly appropriated towards diminishing the payments, and increasing the comforts of the second and third classes of patients, which, according to the plan of this

institution, are always likely to constitute four-fifths of the complement.

Before we quit the subject of the interior economy of a lunatic asylum, it may be proper to take some notice of an objection against any attempts towards the cure of this malady, founded on the opinion of its seat being in the mental part, and its treatment, therefore, beyond the province of art. Unhappily, this notion is readily adopted by the patients themselves, in their bewildered reasonings on their condition; and, under this delusion, they are apt to reject, with sullen pertinacity, both food and medicine, often for a length of time, that excites just alarm for their safety. If such was the hopeless condition of insanity, then, indeed, we must conclude, that vain is the help of man; we must be content to tremble at the fate of its victims, and to mourn over the degradation of our nature. Happily, this is far from being the true state of the case. Reason and experience concur in demonstrating, that, under the influence of this disease,

it is not the intellectual part which suffers, but that bodily organization, which it actuates; and which, on due investigation, has frequently been found to have undergone a material alteration of structure, by the long continuance of the disease in cases, where its fatal event afforded the opportunity of examination.

Hitherto, all that has been said to illustrate the nature and objects of an asylum for lunatics, will apply equally to every public institution of this sort, designed for different classes of patients, whatever may be the particular form of its constitution. In that, which is now under consideration, the voluntary subscribers had originally contemplated an establishment on the same model, as several others to be found in the provincial towns of England, and depending wholly on the munificence of individuals: but, on a closer investigation of the subject by all the parties concerned, it was determined to adopt the recommendation of the legislature in an act, passed in the forty-eighth year of his present majesty, "for

the better care and maintenance of lunatics, being paupers or criminals;" and the result has been, that certain articles of union have been agreed upon, between the justices of the peace for the county of Nottingham, the justices of the peace for the county of the town of Nottingham, and the voluntary subscribers; by which all these parties become united and engaged to form such an establishment, as shall fulfil the purposes provided for in the act, with respect to the two counties; and shall likewise be open to all descriptions of patients from every part of the world.

The reasons, which have so powerfully recommended this plan of a lunatic asylum, are, the extension thus given to its sphere of usefulness; the manifest economy resulting from it, both in the construction of the building, and the conduct of the institution; and that, by this measure, the patronage and active co-operation of most respectable and enlightened characters is permanently secured

in the direction and administration of its affairs. This is the first example of a lunatic asylum founded under the provisions of the act; and, for the weighty reasons assigned, it is hoped, that it will be so conducted, as to invite imitation, wherever such schemes are contemplated.

It cannot fail to strike every person, who considers this subject, that a form of building, appropriate to the purposes of an asylum for lunatics, is a matter of primary importance to the due accommodation, the security, and the separation of the different classes and sexes of patients. On this point, much pains have been bestowed, and with complete success. The plan of the edifice, approved and adopted by the second and third articles of union, possesses so decided a superiority in the general design, as well as in the distribution of its parts, over any other building of this description in England, as must at first sight be discerned by every person conversant with the subject.

If this attempt to describe the constitution, purposes, and economy of the general lunatic asylum, near Nottingham, shall be found to have furnished the public with a distinct analysis of so truly benevolent an establishment, one great purpose of this address will be attained; and the governors will deem themselves justified in recommending it, as well entitled to the patronage and pecuniary assistance of all, who are disposed to promote the success of an institution, so little liable to abuse; promising such evident and essential benefits to the public; and founded on so noble and firm a basis, as cannot fail to exalt the character and credit of those counties, which have been the first to give it birth.

Much has already been done by the generosity and public spirit of individuals; but, it is now forseen, that further assistance will still be wanted, both to supply the deficiency of funds, on the part of the voluntary subscribers, in fitting up and furnishing the building; and also to form, during the first year

after its opening, a charitable fund, upon the principles prescribed by the annexed regulations.

The governors are convinced, that in thus preferring their plea for the further aid of the public, to enable them to complete so desirable an undertaking, they could not have urged more powerful motives, than a simple statement of the nature and tendency of the establishment, and the expectations it is calculated to fulfil. If other arguments are wanted, every man will find them in his own breast, by a due reflection on the deplorable consequences of that disease, which it is the object of this institution to relieve or remove.

It is avowed, that the benefits, proposed to be bestowed, are calculated exclusively for the treatment of one malady; but, let it be remembered, that, in the long catalogue of diseases incident to man, it is the only one, which, from its peculiar and lamentable circumstances, is excluded from efficacious ma-

nagement in any other form. It is, in truth, an affliction of no common kind. Other calamities may affect our health and impede our exertions; may deprive us of the favours of fortune, or the fruits of reputation; but this cuts off, at once, the very source of all enjoyment; it preys, not on the gifts of fortune, but on the attributes of reason; and strikes man at once into the dust, stripped of all his powers and privileges. In whatever state we contemplate the miserable victim of insanity, whether in a paroxysm of fury, or of mirth; whether in his loud lamentations or mute misery; every circumstance of his sad case, makes an irresistible appeal to our sensibility, and calls upon us as men and as christians, to exert ourselves in procuring for him that relief, which it is our province and our duty to impart.

Ye who enjoy a sound mind, that most precious gift of heaven, consider, seriously, that upon you devolves the guardianship of the

most helpless and miserable of your fellow creatures, whose afflictions are peculiarly aggravated by their inability to make their complaints known, or to call upon you, their brethren, for that protection and assistance, which it is the benevolent purpose of this institution to bestow, and of this address to solicit.

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THE

ARTICLES OF UNION.

THE

ARTICLES OF UNION.

IT IS AGREED, this twenty-fifth day of April, one thousand eight hundred and ten, by and between the committee of justices of the peace, appointed for the county of Nottingham, of the first part; the committee of justices of the peace, appointed for the town and county of the town of Nottingham, of the second part; and the persons, whose hands and seals are hereunto set and subscribed, being the major part of the committee of subscribers to a voluntary institution for the building and establishing an asylum in the parish of Snenton, in the said county of Nottingham, for the reception and care of lunatics, and acting on the behalf of the said sub-

The justices of the peace for the county of Nottingham, and for the county of the town of Nottingham; and the voluntary subscribers, unite, for the purposes of 48 Geo. III. c. 96.

scribers, of the third part; being, respectively, committees to treat for the uniting of the said counties and voluntary institution, for the purposes of an act for the better maintenance of paupers and criminal lunatics, passed in the forty-eight year of his majesty king George the third; that the said county of Nottingham, the said county of the town of Nottingham, and voluntary institution, shall, from henceforth, be united for the purposes of the said act; and adopt, in all respects, the provisions, rules, orders, and regulations; and comply with all the requisites, prescribed by the said act for counties, uniting for those purposes, upon the following terms and conditions; videlicet;

I.

A general lunatic asylum, near Nottingham, to be provided.

That a general asylum shall be provided for the reception, care, and maintenance of lunatics and other insane persons; and that the establishment be entitled, "THE GENERAL LUNATIC ASYLUM, NEAR NOTTINGHAM."

II. That

II.

THAT such lunatic asylum be established and erected in the parish of Snenton, in the county of Nottingham, upon the land purchased by the voluntary subscribers, for that purpose. And that the plans, delineated and presented by Mr. Ingleman of Southwell, be adopted; as being well calculated to afford every necessary accommodation for effecting the intentions of the parties hereto, by providing separate and distinct wards for male and female lunatics, distributed into classes; as well as for the convalescents and incurables; and also separate and distinct airing grounds, for the male and female convalescents, and dry and airy apartments for insane persons of every description. Plans adopted.

III.

THAT the working drawings and a specification of the particulars, respecting the manner in which every part of the work is to be executed, as prepared by Mr. Ingleman, be adopted. That he and Mr. Stavely be appointed Surveyors appointed.

pointed joint surveyors; and that the erection and completion of the buildings be let by contract, at the most reasonable rate, and to the most responsible persons.

IV.

The patients to be distributed into three classes.

That the patients, received into this asylum, shall be distributed into three classes.

First. Persons of a superior class, who shall, respectively, contribute to the general charges of care and maintenance, according to their pecuniary ability.

Secondly. Persons in limited circumstances, though not actually paupers, whose payments shall be relieved and lowered, out of the funds of the charity, and the excess of payments, imposed on the more affluent.

Thirdly. Persons, being paupers, sent to the said asylum by the justices of the peace for the said county of Nottingham, and for the county of the town of Nottingham, pursuant to the provisions of the said act of parliament, whose payments shall not exceed fourteen shillings, weekly, but shall be reduced

duced by a portion of the fund, applicable to charitable uses, amounting to one third of the same; which shall be specially set apart for this purpose, and paid into the hands of such treasurer or treasurers as may be appointed by the said counties.

V.

THAT the following method be observed to ascertain, what portion of the general fund is applicable to charitable uses.

The charitable fund, how to be ascertained.

At the first meeting, held after michaelmas in every year, the visiting governors shall, out of their own number, appoint seven auditors, of whom one shall be the vicepresident, two shall be chosen, by and out of the visitors, nominated by the said county of Nottingham; one by the visitors, nominated by the said county of the town of Nottingham; and three, by and out of the visitors nominated by the said voluntary subscribers. Of these auditors, any two shall be competent to act as a board; and they shall, at the conclusion of every year, in the week next immediately preceding the michael-

Auditors to be appointed.

mas general quarter sessions, take and state a full account of the receipts and expenditure of the preceding year, placing the receipts under two heads; ordinary, consisting of the weekly pay of patients, annual subscriptions, and donations under ten pounds, together with collections after sermons preached for the benefit of the establishment, and other incidental sums less than ten pounds each; and extraordinary, consisting of any capital sum, that may remain after completing and furnishing the buildings; and of all legacies or donations of ten pounds or upwards, and of all profits arising at an anniversary. In like manner, the expenditure to be placed under two heads; ordinary, including every expense, incurred by the maintenance of the establishment, and such common repairs of buildings, walls, furniture, and utensils, as must occur frequently; and extraordinary, including material repairs, additions to, or alterations in, the building; and the new furnishing of apartments. The extraordinary receipts shall be considered as a capital fund,

to

to be denominated the fabric fund; to be vested by the visiting governors in eligible securities; and shall be liable, both principal and interest, to that portion of the extraordinary expenditure, that shall fall to be defrayed by the subscribers: but no part, even of the annual interest, of this last mentioned fund, shall be applicable to any other purpose, unless the amount of the capital shall appear to be three thousand pounds; in which case, the annual interest, together with any surplus of principal beyond the said capital sum, shall be declared to be at the disposal of the visiting governors, and shall be applied in aid of the charitable fund, in the proportions herein before specified.

If, in stating the account of ordinary receipt and expenditure, there shall appear to be a balance in favor of the fund, that balance shall be denominated the charitable fund for the year immediately ensuing, of which one third part shall, by order of the visiting governors, be paid into the hands of

any

any treasurer or treasurers, appointed by the said counties; and shall, under their authority, be, solely and exclusively, applied to reduce the weekly payments; or, in any other way, to promote the comfort and recovery of such patients, as are chargeable to parishes within the said counties; and in such sums and proportions, as to them shall seem expedient. The remaining two third parts of the said charitable fund shall remain in the hands of the treasurer, appointed by the subscribers; to be at the disposal of the visiting governors; and to be by them applied, solely and exclusively, but in such sums and proportions as they shall direct, for the benefit of a class of patients, who derive no aid from any parochial fund, and whose circumstances disable them or their relations from making a weekly payment to the establishment, sufficient to indemnify it for their care and maintenance.

VI.

Seven twelfths of land and

THAT the land now purchased or to be purchased for the intended lunatic asylum, and

and all buildings erected or to be erected thereon, shall, from time to time, be conveyed, as to seven undivided parts in twelve, to such person or persons, as the voluntary subscribers shall, at any general meeting, direct.

buildings, to be conveyed to the voluntary subscribers.

VII.

That the said county of Nottingham shall defray four parts in twelve, and the said town and county of the town of Nottingham, one part in twelve, of all sums that have been, or may be, expended, in the purchase of land, and in providing, erecting, and repairing, such buildings, courts, yards, gardens, outlets, and other conveniences, as may hereafter be found necessary: and, that the remaining seven parts shall be paid and defrayed by the said voluntary subscribers.

The county of Nottingham to defray four twelfths, and the county of the town of Nottingham one twelfth, of all sums expended in land or buildings.

VIII.

That, in consideration of the contribution so herein before mentioned, the land now purchased or to be purchased; and all buildings, erected or to be erected thereupon, shall be conveyed, as to four undivided parts in

Four twelfths of the land and buildings, to be conveyed to the county of Nottingham.

twelve, to such person or persons, as the said justices of the peace for the said county of Nottingham shall, at any general quarter sessions, direct: and, as to one undivided twelfth part, to such person or persons, as the said justices of the peace for the said town and county of the town of Nottingham shall, at any general quarter sessions, direct: and that the justices of the peace for the said counties shall, jointly, be authorized to send into the said asylum any number of insane persons, not exceeding the number capable of being accomodated upon the first and second floors of each wing, to be kept, maintained, and treated, as paupers; provided, however, that no person, who shall have been charged with murder, treason, or felony, and acquitted on the plea of insanity, shall be deemed admissible, unless with the consent and approbation of three fourths of the visiting governors, present at the time of considering the question; but that the said counties or either of them shall, at any future time, be allowed to

and one twelfth to the county of the town of Nottingham.

The counties to send insane paupers.

Provisions for criminal lunatics.

to erect, at their own expence, upon the ground now purchased, in any convenient situation, without the boundary wall, a suitable building for the confinement of criminal lunatics, whose maintenance and management shall be placed under the controul of the general institution.

IX.

The management to be entrusted to a president and 32 visiting governors.

President and visiting governors how to be chosen.

That the superintendance and management of the proposed asylum shall be entrusted to a president and thirty-two persons, who shall be denominated, "the visiting governors of the general lunatic asylum, near Nottingham;" and be chosen, annually, in the following manner; the president shall, at an anniversary meeting to be convened for this purpose, be nominated by the majority of the justices of the peace for the said counties, and by the voluntary subscribers, then assembled. Seventeen of the visiting governors, of whom not less than one shall be a justice of the peace for one of the said counties, shall be elected by the voluntary subscribers, present on the

same

same occasion, by ballot and lists; and twelve of the visiting governors shall be the visitors, chosen by the justices of the peace for the county of Nottingham, at the michaelmas general quarter sessions; and the remaining three shall be the visitors, appointed by the justices of the peace for the county of the town of Nottingham, at their michaelmas general quarter sessions.

X.

Visiting governors to make regulations and by-laws.

That the visiting governors, so appointed, shall constitute a committee; and that they be fully empowered to make, in conformity to the true intent and meaning of the said act of parliament and of this agreement, such regulations and by-laws, as to them shall seem expedient for the management and conduct of the institution, and of all matters relating thereto. That the president shall be entitled to all the powers and privileges granted to the visiting governors, and to the situation of chairman at all meetings; and that a vice-president be chosen every year, at the first meeting

and to chose a vicepresident.

meeting held after every michaelmas general quarter sessions, by and out of the visiting justices of the peace, and by and out of the visiting voluntary subscribers, alternately, to execute the duties of chairman, whenever the president shall not give his attendance.

XI.

Voluntary subscribers how qualified for being chosen visiting governors.

That the voluntary subscribers shall not be empowered to confer the appointment of visiting governor upon any person, except he shall be a subscriber of two guineas, annually, or a benefactor to the amount of twenty guineas, towards the support of the institution; unless forty persons, so qualified and willing to act, shall not be found residing within the said county of Nottingham, and the county of the town of Nottingham; in which case, the then existing voluntary subscribers and benefactors to the pecuniary amount above mentioned, being convened by public advertisement, on any day during the lammas assizes, shall be authorized to nominate and appoint such number of supplementary trus-

Power, in case of deficiencies, to nominate supplementary trustees.

tees, as shall, together with the surviving subscribers and benefactors, constitute the complement of sixty; and that the persons so elected shall enjoy all the rights and privileges, attaching to the original trustees of the institution.

XII.

Supernumerary visiting governors, to fill up vacancies.

That the president, the vicepresident, and the visiting governors shall, annually, commence the duties of their office on the monday next immediately following the michaelmas general quarter sessions; and that not less than two supernumerary visiting governors shall be nominated by each party to fill up vacancies.

XIII.

Three visiting governors to be a committee, and to enter their proceedings in a book.

That any three visiting governors, duly assembled, shall constitute an acting committee; that the majority shall bind the minority; and that no proceedings shall be valid or have force, unless entered with the name of the visiting governors present, in a book to be kept for this purpose; and signed by the chairman of the meeting.

XIV. That

XIV.

Visiting governors to be equal in authority.

That the visiting governors shall, as far as the law will permit, exercise an equal and co-ordinate authority, and be entrusted with the management and conduct of the lunatic asylum; and with the appointment of the officers and servants, and also with the determination of all matters and questions concerning the institution.

XV.

A physician to be elected.

That a physician be elected once in every three years, or oftener, if the situation shall sooner be declared vacant, who shall be entrusted with the medical treatment of the patients; but shall not accept or demand from any patient, being a pauper, belonging to any parish within the said counties, any other than the following fees, videlicet. On the admission of every such pauper, one guinea, and half a guinea at the conclusion of every six months, during the confinement of such patient in the asylum; which half guinea shall be equally due, should the patient be discharged, as

The fees to be paid by paupers.

cured

cured or relieved before the expiration of the first six months; but that no fee, except that paid on admission, shall be received from any pauper placed in the class of incurables, unless such patient be afflicted with any malady independent of lunacy, requiring medical attendance; in which case the same fee of half a guinea shall be due every six months, during the continuance of such disease; and that no admission fee shall be due for any lunatic pauper, who shall have suffered a relapse, and be re-admitted within three months after having been allowed to leave the asylum on trial; and that the fees to be received by the physician from patients, not being paupers, shall be regulated according to the discretion of the visiting governors.

XVI.

A surgeon to be nominated.

That a surgeon be nominated to render his assistance, whenever the physician may deem his attendance necessary.

XVII.

A director to act as a-

That a director to execute the duties of apothecary,

apothecary, secretary, and principal superintendant; a matron to regulate the female department; together with keepers and menial servants in proportion to the number of persons confined in such asylum, shall be provided; and that one third part of the salaries, wages, and maintenance, allowed to such officers and to the servants, occupied in transacting the ordinary concerns of the said establishment, shall be discharged by, or in respect of, the paupers sent to the said asylum by the justices of the peace for either of the said counties, pursuant to the provisions of the said act of parliament; and the remaining two third parts by the said voluntary institution; and that the expenses, incurred by procuring or retaining keepers or assistants to undertake the personal care of the patients, be paid by those for whom or on whose account, respectively, they are or shall be engaged.

pothecary, secretary, and superintendant: and a matron, with keepers and servants, to be provided. One third o th eir salaries, to be paid by the paupers.

XVIII.

That the visiting governors shall elect the physician,

Votes by proxy, in

what cases allowed.

physician, the surgeon, and the director, by ballot; and that no votes by proxy be allowed, except in the appointment of the said officers.

XIX.

Expense of dieting and maintaining paupers, how to be ascertained.

That the patients of the third class shall be dieted according to a regulated table to be, from time to time, prescribed by the physician, and occasionally varied according to his directions. That the average expense of maintaining each pauper shall be ascertained by accurate experiments, made for not less than seven successive days, whenever any five of the visiting governors shall think fit; and that the weekly charge for the maintenance, cloathing, and care, of such patient shall not, in any case, exceed the actual cost of the same.

XX.

Voluntary subscribers, not to assemble as trustees, unless by advertisement.

That every meeting held by the voluntary subscribers for the purpose of doing any act or making any appointment, as trustees to the intended general lunatic asylum, shall be convened by a public advertisement, inserted twice in the county newspapers.

XXI. That

XXI.

THAT the above mentioned terms and conditions of this agreement shall continue in force without alteration, unless by the consent of at least nine of the visiting governors, chosen by the justices of the peace for the county of Nottingham; two of the visiting governors, chosen by the justices of the peace for the town and county of the town of Nottingham; and twelve of the visiting governors, chosen by the voluntary subscribers; and that no such consent shall be valid and effectual, unless the intended alteration be distinctly signified by an instrument in writing, under the hand of each of the twenty-three visiting governors above mentioned; and afterwards confirmed by the court of general quarter sessions next held for the said counties, and by a general meeting of the voluntary subscribers.

This agreement, how to be altered.

XXII.

THAT the visiting governors, appointed by the justices of the peace for the said counties and the voluntary subscribers shall, on every occasion, interpret and enforce these articles in

Manner of interpreting the articles.

in such manner, as may best conduce to consolidate and cement the union between the different parties hereto, upon the principles of cordial co-operation, reciprocal advantage, and public utility.

Conclusion. And hereunto we the undersigned justices of the peace, being the major part of each of the said committees of justices, for the said county of Nottingham, and for the said town and county of the town of Nottingham; and we the undersigned, being the major part of the committee of subscribers to the said voluntary institution, do, on the part and behalf of the said counties and voluntary institution, respectively, set our hands and seals.

A. H. Eyre.	(L. S.)	*Justices of the peace for the county of Nottingham.*
Charles Wylde.	(L. S.)	
Thos. Beaumont.	(L. S.)	
John Kirkby.	(L. S.)	
J. T. Becher.	(L. S.)	

W. Coldham, *Mayor*	(L. S.)	*Justices of the peace for the county of the town of Nottingham.*
Jno. Ashwell, *Ald.*	(L. S.)	
E. Swann, *Ald.*	(L. S.)	

John Storer.	(L. S.)	*Committee of subscribers to the voluntary institution.*
John Wright.	(L. S.)	
John Longden.	(L. S.)	
Fran. Evans.	(L. S.)	
Frans. Wakefield.	(L. S.)	

The above is a true copy of the articles of union.

BY-LAWS,

RULES, ORDERS, AND REGULATIONS,

ESTABLISHED FOR THE

MANAGEMENT AND CONDUCT

OF THE

GENERAL LUNATIC ASYLUM,

NEAR

NOTTINGHAM.

RULES AND REGULATIONS,

RELATING TO THE

GOVERNORS,

AND THE

VISITING GOVERNORS.

IT IS RESOLVED,

I.

THAT every justice of the peace, acting in and for the county of Nottingham, or the county of the town of Nottingham; and that every benefactor, who has contributed or shall contribute, at one time, the sum of twenty guineas towards the support of this institution, be admitted a governor for life.

Justices of the peace and benefactors to the amount of 21 l. to be governors.

II.

THAT every subscriber to the amount of two guineas annually, be a governor, during

Subscribers of 2l. 2s. a year, to be governors.

such time as he shall continue to pay the same.

III.

A general meeting, when to be held

That a general meeting of the justices of the peace, acting, in and for the county of Nottingham, and for the county of the town of Nottingham, and the voluntary subscribers, be held, every year, at the shire hall, on the same day as the anniversary of the general hospital near Nottingham; or on any day, that may be appointed, in the manner herein after directed for the convening of extraordinary general meetings.

IV.

Extraordinary general meetings, how to be summoned.

That an extraordinary general meeting of the governors, or the visiting governors, may be summoned, on any emergency, by the direction of the president, the vicepresident, or any five of the visiting governors, signified in writing to the treasurer or the secretary; and stating the purposes for which such extraordinary general meeting is required: that the notice, so delivered, shall be twice inserted, by

by public advertisement, in the county newspapers: and that no other business, but such as shall have been so made known, be taken into consideration at the meeting.

V.

Extraordinary general meetings, when to be convened.

That an extraordinary general meeting of the visiting governors be convened, whenever it may be found necessary to extend or contract these rules; or to fill up any vacancy, occasioned by the death, resignation, or removal of the president, or of a visiting governor; or to appoint or displace the treasurer, physician, surgeon, director, or matron; or to determine the fees or salaries to be paid them, respectively; or to construct any additional building; or to alter those that have been, at any time, erected; or to expend any of the money, which shall have been declared by the auditors to be a part of the fabric fund; or to exercise any powers, not entrusted by the rules of the institution to the general quarterly meetings: and that the attendance and assent, of eight of the visiting justices, and the

same

same number of visiting voluntary subscribers, be deemed necessary to render the proceedings of every such meeting valid and effective.

VI.

General quarterly meetings, when to be held.

That a general quarterly meeting of the visiting governors be regularly held on wednesday, in the week next immediately following the week, in which each of the general quarter sessions is held; and that the business of the day shall commence, at the hour of eleven, in the forenoon.

VII.

Public notices to be signed by the treasurer or secretary.

That all public notices and advertisements be signed by the treasurer and secretary, or by one of them; that such signature or signatures be, on every occasion, deemed sufficient to constitute an official notice; and that all meetings, unless it be otherwise directed, shall assemble in the committee room, at the lunatic asylum.

VIII.

Who to be chairman at the meetings.

That the president, or, in case of his non-attendance, the vicepresident shall take the chair

chair at the hour, appointed for holding any meeting; and that, if both of them be absent, a chairman be elected out of the visiting governors assembled.

IX.

THAT the person presiding at such respective meetings shall not put any motions, except such as shall be proposed, and seconded, and delivered to him in writing; and that such as have been carried in the affirmative be entered, without alteration, in the minute book.

What motions to be proposed; and how to be recorded.

X.

THAT, in all debates, the person speaking shall address himself to the chair; that, when two or more offer to speak at the same time, the chairman shall decide which of them is to proceed; and shall, in all cases, have full power to regulate the order and circumstances of the debate.

The order of the debate.

XI.

THAT the visiting governors, in any general quarterly meeting assembled, be empow-

The powers and duties of the gene-

 ered

ral quarterly meetings.

ered and required to ascertain the manner, in which the rules and orders of this institution have been observed or infringed; to reward obedience and fidelity, and to punish negligence or misconduct; to give directions for all necessary repairs of the fabric; to purchase furniture, and to prescribe regulations for procuring provisions; to examine the reports of the auditors, and the sub-committees, as well as all the books relating to the management or the expenditure of the institution: to determine the amount of the balance to be retained in the hands of the treasurer for defraying current expences, and to deliver orders for placing out the surplus upon transferable government securities, in the names of the treasurer for the time being, and of such trustees, as shall be appointed; to discharge all just demands upon this institution, and to compel the payment of all sums due; and, in general, to devise and execute all such measures as may, without assuming the powers and privileges exclusively attaching to

an

an extraordinary general meeting, be carried into effect for promoting the reputation, economy, and good government of this asylum.

XII.

Sub-committees to be appointed.

That the visiting governors, at their first meeting held next after the michaelmas general quarter sessions, or at any quarterly meeting, may, for the more easy dispatch of business, appoint, out of their own members, sub-committees, of which one shall be entitled the house committee.

XIII.

Powers and duties of the house committee.

That the house committee shall meet, at the lunatic asylum, on every wednesday, at the hour of eleven in the forenoon, or oftener, if necessary; and be authorized to admit or discharge patients, not belonging to the third class; to determine the amount of the weekly payments, demandable from the respective patients: to superintend the condition of the house and the furniture; to hire, dismiss, and pay the assisstants and menial servants; to inspect and allow or reject weekly bills; to pay

pay all demands, not exceeding ten pounds, which cannot be reserved for the consideration of the general quarterly meetings: to enforce the observance of the rules and orders; to hear and decide complaints; to correct abuses, and to transact such incidental and ordinary business, as may claim immediate attention.

XIV.

Sub-committees, how to be chosen.

That every sub-committee shall consist of the vicepresident, and either six or twelve visiting governors, to be chosen by the same parties, and in the same proportions, as the auditors.

XV.

Sub-committees to record their proceedings

That the several sub-committees shall record their proceedings in writing, and report the same at every general quarterly meeting; and that any two members shall be sufficient to constitute an acting committee.

XVI.

Persons aggrieved by the decisions

That every person, who may imagine himself or herself to have been aggrieved by any

any decision of any sub-committee, may, after having conformed to the same, but not otherwise, appeal to the general quarterly meeting, next immediately following; and that such last mentioned meeting shall first call upon the appellant to prove, that notice, in writing, specifying the ground of complaint and the intention of the party to appeal, has been given to the visiting governors, by whom the decision in question was made; and shall then proceed, without delay, to determine the case, according to its merits.

of any sub-committee, may appeal to the general quarterly meeting.

XVII.

That no visiting governor or other person, unless desired, be present, when any matter relating to himself is under consideration.

Persons interested to withdraw from the debate, if required.

XVIII.

That the president shall, at every anniversary of this institution, nominate, according to his discretion, any number of patrons or stewards for the occasion; and that the persons so chosen shall rank next immediately after the president.

The president to nominate patrons or stewards.

XIX.

Auditors to state the accounts, quarterly.

That the auditors shall, at every general quarterly meeting, present a clear statement of the accounts.

XX.

The apartments and wards, by whom to be viewed.

That the visiting governors, or the justices of the peace for the county of Nottingham, or for the town of Nottingham, or such persons, as shall be accompanied by a visiting governor or the physician, be the only visitants permitted to view the apartments or the wards, allotted for the reception of patients.

XXI.

Visitants and strangers, when to be lodged in the asylum.

That no visitant or stranger, of any description, be maintained or lodged in this asylum, without the consent of two members of the house-committee, delivered in writing, and specifying the time limited for the continuance of such visitant.

XXII.

Officers to be elected, according to their merits.

That the visiting governors shall, in the election of officers and the appointment of assistants, be influenced by the qualifications of the

the candidate for discharging the duties of the vacant situation: that every other consideration be totally disregarded; and that, to prevent invidious jealousies, the chairman of the meeting, accompanied by two tellers, to be chosen for the occasion, at the time of every election, shall, privately, examine the tickets contained in the ballotting box, and declare the name of the successful candidate, without making, either then, or at any future time, any other disclosure.

The ballot to be conducted with secrecy.

See the articles of union, No. 5. 9. 10. 11. 12. 13. 14. 20. 21. 22.

RULES

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE OFFICERS,

THE ASSISTANTS,

AND

THE SERVANTS.

IT IS ORDERED,

I.

THAT every officer shall give such security for the execution of his duty, as shall be required by any general quarterly meeting.

Officers to give security.

II.

THAT every officer, assistant, or servant, who shall take or accept, directly or indirectly, any fee, gratuity, or reward, except such as is specially mentioned in the rules and regulations, from any patient, or the friend of

Officers, assistants, or servants, accepting fees, not allowed by the rules, to be discharged.

any patient; or from any visitant; or from any tradesman, or other person, dealing with this asylum, for any service done, or to be done, shall, forthwith, be removed, and rendered incapable of being again employed, in any capacity, at this institution.

See the rules, relating to the visiting governors: No. 22.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE TREASURER.

I.

THAT a treasurer be elected: that he shall receive all benefactions, annual subscriptions, debts, legacies, and other revenues of this institution, and give receipts for the same, respectively: that he shall cause books to be kept with such bankers or other persons, as shall be approved by any general quarterly meeting, for taking all such sums as benevolent people may be disposed to contribute. That he do, annually, balance his accounts, on the twenty fourth day of june, and submit a statement of the same, with their vouchers, to the auditors, before the fifth day of july then next ensuing: that he do, if desired, report, at every general quarterly meeting, such additional sums as he may have receiv-

The treasurer. His powers and duties.

ed;

ed; and that he do nominate a banking house, in the town of Nottingham, upon which all drafts may be drawn for any sum, not exceeding the balance in his hands.

II.

Securities to be taken in the name of the treasurer.

That all securities for the fidelity and good conduct of any officer, and any bond or engagement, given on the admission of any patient, and all contracts with tradesmen, be taken and made in the name of the treasurer for the time being.

III.

Demands exceeding 10 l how to be discharged.

That the treasurer or his bankers shall not discharge any bills or demands, exceeding the amount of ten pounds, without being authorized so to do by a draft signed, at a general quarterly meeting, by the chairman and two visiting governors.

IV.

Treasurer may attend all meetings.

That the Treasurer, being a governor, be privileged to attend all meetings; and to deliver his opinion, but not to vote on any question.

RULES,

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE PHYSICIAN.

I.

THAT the physician of this establishment, unless prevented by unavoidable business, do attend this asylum, on the forenoon of every wednesday; and, at other times, as frequently as occasions may require.

Physician, when to attend.

II.

THAT the physician shall, without fee or reward, attend every patient in the second class, whose weekly payments do not exceed half a guinea.

What patients are to be attended without fee.

III.

THAT the physician be entitled to receive the following fees, upon the admission of

What fees to be taken.

every patient, into the first and second classes, who shall be charged with the weekly payments, for maintenance and care, herein after mentioned; namely:

A fee of one guinea, if the weekly payment of the patient be rated at fifteen shillings, or any higher sum, not amounting to one guinea.

A fee of two guineas, if the weekly payment of the patient be rated at one guinea, or any higher sum, not amounting to one guinea and a half.

A fee of three guineas, if the weekly payment of the patient be rated at one guinea and a half, or any higher sum, not amounting to two guineas.

A fee of four guineas, if the weekly payment of the patient be rated at two guineas, or any higher sum.

IV.

Fees, when to be repeated.

That the fee, received by the physician, be repeated every half year, during which any patient in the first or second classes, liable to the same, shall continue in the asylum: and also,

that, if any such patient be discharged as cured or relieved before the expiration of the first half year after his or her admission, the same fee shall be paid to the physician, as would have been due at the end of six months.

V.

THAT the physician do not claim any admission fee from patients, who have been discharged upon trial, if they should experience a relapse, and be re-admitted within the space of three months.

Admission fee, by what patients not to be paid.

VI.

THAT no fee, except that to be paid on admission, be demanded from any patient, who shall, at the time of such admission, be declared incurable; and that no fee be claimed from any other patient, after he or she shall be declared incurable; unless any patient, so declared incurable, shall be afflicted with any malady, independent of lunacy, requiring medical attendance; in which case a fee, equal to that paid on the admission of such patient, shall be received by the physi-

No fee to be paid for incurables.

cian,

cian, once in every six months, during the continuance of such disease.

VII.

May accept voluntary gratuities from the affluent.

That the physician be not precluded, by the fees herein specified, from accepting more adequate and liberal gratuities, when voluntarily tendered by the friends of patients in affluent circumstances, as an acknowledgment for assiduous or successful attention.

VIII.

To keep a case book.

That the physician do enter in a book to be kept for this purpose, the name, age, and abode of every patient, soon after his or her admission, together with a statement of the case, as far as it has come to his knowledge; that he do subjoin a prescription of the medicine, diet, and management; and do add, from time to time, under their proper dates, reports, specifying the condition of the patient, with such variations in the treatment, as may have been recommended: that each case be completed, on the discharge of the patient, by annexing such remarks upon the nature

nature and treatment of the disease, as may be judged likely to prove beneficial to the patient, in the event of a relapse, or generally expedient and useful: that every prescription or direction, so inserted, be deemed a sufficient authority for the prompt and exact execution of the same; that every such book be the property of the institution, and that each volume, when finished, be preserved among the documents of the asylum, as a historical record of the state of medical practice in this establishment: that the contents be not inspected, unless by the visiting governors, the physician, the director, or such other persons as may receive permission, in writing, for that purpose, from the house-committee: and that no part of any such manuscripts be transcribed or disclosed, except by the direction of a general quarterly meeting, entered among their proceedings, together with the consent of the physician, by whom the same was written, if he be then living.

IX.

To give general advice, subject to the approbation of the house-committee.

That the physician do enter in a book, to be kept for this purpose, all such general advice, as he may find it necessary to give, from time to time, concerning the maintenance, care, and management, of the patients in the asylum; and that the same be observed and enforced, as soon as it shall have been confirmed and approved by the house-committee.

X.

To enter his directions and attendances.

That the physician shall, in his book of directions, insert the date of every attendance at this asylum, with his signature annexed.

See the articles of union, No. 15. 18.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE SURGEON.

I.

THAT the surgeon shall attend this lunatic asylum, whenever his assistance may be desired by the physician, or the director; and that the compensation, to be allowed for his services, be determined by the house committee

The surgeon to attend, when required.

See the articles of union, No. 16, 18.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE DIRECTOR.

I.

THAT the director do superintend the general economy of the institution: that he be constantly resident in the house; that he do not absent himself for a night, without the permission of two visiting governors, to be given in writing, and entered in the minutes of the house-committee on the next day of their meeting; and that he be not concerned, directly or indirectly, in any occupation or business, requiring his attendance without the asylum.

The director not to absent himself.

or engage in other occupations.

II.

THAT the director do act as secretary, at all meetings, and take minutes, and transcribe

To act as secretary.

the same, after they have been examined and signed by the chairman, into a book to be kept for the purpose of recording the transactions of the several meetings.

III.

To contract for articles, ordered to be purchased.

That the director be the agent to contract or agree for furniture, cloathing, or provisions; such contract having been previously approved by a quarterly meeting, or by a sub-committee: that he exert his utmost diligence to prevent any person, supplying the establishment with any article, matter, or thing, from practising any collusive or fraudulent imposition, by selling or delivering any article, deficient in quality or in quantity; and that he give immediate information thereof to the house-committee, whenever such offences come to his knowledge.

IV.

To pay bills and keep an account of fixtures and moveables.

That the director do pay all occasional bills, committed to his charge, and enter, in proper books, all accounts concerning the establishment, and the officers, assistants, servants,

vants, and patients therein, specifying every receipt and disbursement, with references to the respective vouchers; that he shall keep an exact statement of all the fixtures, and of all the moveable property belonging to the institution or the patients, stating the manner in which the same has been applied; and shall close these books on the twenty fourth day of june, in every year.

V.

That the director do keep a journal, in which he shall enter the daily transactions and occurrences of the asylum; as well as all complaints against those assistants or servants, who may have been guilty of negligence or misconduct. To keep a journal.

VI.

That the director do keep a register, in which he shall enter the following particulars, respecting every patient: number, name, age, when received, by whom sent, by whom maintained, names of sureties, place of abode, charge for weekly maintenance, total To keep a register.

total expense of maintenance, money paid by the patient, money due by the patient, when discharged, remarks: that the above entries be extracted from the several books and documents, and completed within one month after the discharge of each patient, and closed on the twenty-fourth day of june, in every year.

VII.

To be the apothecary.

That the director do act as the apothecary of the institution; that, in this capacity, he do undertake the care of the medicine room, with the drugs and utensils therein; that he do prepare the medicines, prescribed by the physician, and deliver instructions to those, entrusted with the duty of administering them.

VIII.

To take an apprentice.

That the director be allowed to take an apprentice, as an apothecary, to assist him in the medical department.

IX.

To inform the physican when a pa-

That the director do, on the day next following the admission of any patient, or sooner,

er, if a convenient opportunity presents itself, give information to the physician; and that, whenever any patient escapes or dies, he shall, without delay, transmit information thereof to one of the members of the house-committee, as well as to the friends of the patient.

tient arrives.

X.

That the director do see every patient under his care, twice in every twenty-four hours; that he attend to the distribution of the dietary, and the condition of the patients; that he visit, daily, every apartment, and examine the state of the furniture, the bedding, the locks, and the windows; that he shall secure all the wards every night with the master key, so as to prevent the egress or ingress of any person except himself; that he use every precaution to guard against fire; and that he enforce, among the assistants and the servants, a strict attention to cleanliness and ventilation.

To superintend the wholeestablishment.

See the articles of union: No. 17. 18.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE MATRON.

I.

THAT the matron do superintend the female patients; and exercise authority over the assistants and the servants of her own sex, under the general controul of the director.

The matron to superintend the females.

II.

THAT the matron do particularly attend to the cooking of the provisions, and to the linen, and the laundry.

To attend to the cooking, and the laundry.

See the articles of union, No. 17.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE ASSISTANTS,

AND

THE SERVANTS,

I.

That the male and female assistants and servants be, as much as possible, prevented from associating together.

Male and female assistants or servants not to associate.

II.

That no servant shall absent himself or herself from the asylum, without the permission of the director or the matron.

Not to be absent without leave.

III.

That the assistants and servants do, severally, undertake the charge of all furniture,

To undertake the charge of

 cloathing,

the property, entrusted to them.

cloathing, and bedding, belonging to the ward confided to their care, or to the patients therein.

IV.

To obey the rules and the director; and to act with lenity.

That the assistants and servants do conform, implicitly, to the rules of the asylum, and the orders of the director; that they abstain from acts of unnecessary violence or aggravated oppression, towards the patients; that they do not use chains, unless with the knowledge and consent of the director: and that they inflict neither blows, nor stripes; but, on the contrary, that they behave with the utmost forbearance, tenderness, patience, and humanity, towards the unfortunate sufferers, entrusted to their care and protection.

V.

To preserve cleanliness.

That the assistants and servants shall, in their respective wards, attend to the sweeping of all the apartments, every morning; and to the washing of them, as often as the director shall think proper; and that, every day before the hour of nine in the forenoon, they

they shall have all foul straw, dirt, and filth, conveyed to the places in the garden, provided for containing the same; so that every part of the house may be preserved as clean, neat, and wholesome, as the condition of the patients will allow.

VI.

THAT the assistants and servants be vigilant in preventing the patients from injuring themselves or others; and that all instruments or articles, capable of being applied to such purposes, be carefully removed and withheld.

To prevent the patients from injuring themselves or others.

VII.

THAT the porter do not permit any servant or patient belonging to the establishment, to quit the asylum, without the knowledge and approbation of the director; and that he do enter, in a book, the names of every justice of the peace, visiting governor, or visitant, who shall inspect the house or the wards.

The porter: his duty.

RULES, ORDERS, AND REGULATIONS,

RELATING TO

THE PATIENTS.

I.

THAT the male and female patients be not, on any account, allowed to associate, converse, or hold communication with each other.

Male and female patients, not to associate.

II.

THAT no patient be admitted into this asylum, except between the hours of sunrise and sunset, unless in cases of unforeseen emergency, upon which the director shall decide according to his discretion.

Patients, when to be admitted.

III.

THAT no patient be admitted into the first or second classes, unless there be transmitted an application, signed by two of his or her

Conditions of admission.

friends, on his or her behalf; a recommendation, subscribed by a governor; and a certificate, under the hands of a physician, surgeon, or apothecary; all which instruments shall be according to the forms, appearing in the schedules A, B, C, to these rules annexed.

IV.

Pregnant women may be admitted.

That women with child, if insane, be admitted upon giving sufficient security, that the child or children, of which they are severally pregnant, shall not become chargeable to the parish, in which the asylum is situated.

V.

Sureties to enter into an engagement, on behalf of each patient

That, previous to the admission of every patient, two responsible housekeepers, of whom one shall reside in the town of Nottingham, or within five miles thereof, and who shall have been approved by the house-committee, shall enter into a bond or other engagement in writing, in the form or to the same effect, as at schedule D, for the performance of the several covenants therein contained.

VI. That

VI.

THAT paupers belonging to parishes, situated in counties not united with this institution, be admitted into the wards, peculiarly appropriated to the counties of Nottingham and of the town of Nottingham, with the consent of the majority of the justices of the peace, constituting the house-committee; but that the same justices be empowered to remove any such patients, whenever, in their opinion, sufficient accomodations for the insane paupers, chargeable to the parishes within the uniting counties, cannot otherwise be provided.

Paupers, from other counties, may be admitted.

VII.

THAT the arrears, due by the patients for care, maintenance, and other expenses, be discharged within one month after lady-day, midsummer-day, michaelmas-day, and christmas-day, new style, in every year; or more frequently, if required by the house committee.

Arrears to be discharged, when required.

VIII. THAT

VIII.

Patients, how to be maintained and treated.

THAT all patients be maintained and treated according to the directions prescribed by the physician.

IX.

When to receive visitants.

THAT all patients, in a state of convalescence, be allowed, with the express permission of the physician and the director, to receive visits from their friends, on every tuesday, between the hours of ten and twelve in the forenoon; but not at any other times, unless by a special order, in writing, signed by a visiting governor or the physician; and that no such visitant shall continue, after having been desired by the director to withdraw.

X.

What medical attendants are to visit the patients.

THAT no patient be attended by any physician, surgeon, or apothecary, except such as shall be appointed by this institution, without having first obtained the permission of a general quarterly meeting, or the consent of the house-committee and the medical attendants, herein before mentioned.

See the articles of union; No. 4. 8. 19.

THE

THE

PUBLICATION

OF

THE RULES.

IT IS ORDERED,

THAT these rules, orders, and regulations, together with the names of the governors and benefactors, be printed, published, and sold, for the information of all whom they may concern; that a copy be delivered to every governor; and that such rules, as principally relate to the officers and servants, be hung up in some conspicuous part of every ward.

The rules to be printed and published.

THE SCHEDULES,

TO WHICH THE

RULES, ORDERS, AND REGULATIONS,

REFER.

SCHEDULE *A.*

THE FORM OF AN APPLICATION FOR THE ADMISSION OF A PATIENT, TO BE TRANSMITTED, POST PAID, TO THE DIRECTOR OF THE GENERAL LUNATIC ASYLUM, NEAR NOTTINGHAM.

To the President and the Visiting Governors of the General Lunatic Asylum, near Nottingham.

My Lords and Gentlemen,

Since we have good reason to believe, as well from personal observation and inquiry, as from the annexed certificate, that *a* of the

a Here insert the name of the insane person.

parish of [b] , in the county of [c] , is a lunatic, we prefer this application, on [d] behalf, to request that [e] may be admitted a patient into the general lunatic asylum, near Nottingham, according to the rules and regulations of that institution.

b The parish.
c The county.
d his or her.
e he or she.

We remain,

My Lords and Gentlemen,

Your humble servants

[f]

f Here the friends are to sign their names.

SCHEDULE *B*.

THE RECOMMENDATION OF A GOVERNOR.

I being a governor of the general lunatic asylum near Nottingham, do desire that [g] , if a fit object, may be admitted a patient into the said asylum.

[h]

g Here insert the name of the insane person.
h Here the governor is to sign his name.

SCHEDULE *C*.

THE CERTIFICATE OF A PHYSICIAN, SURGEON, OR APOTHECARY.

To the Visiting Governors of the General Lunatic Asylum, near Nottingham.

I [i]
do hereby certify that [j]
of the parish of [k]
in the county of [l] has been
attended by me from the [m]
day of [m] to the [n]
day of [n] and
that, to the best of my knowledge and belief,
[o] is a lunatic, and a proper object to be
admitted into the lunatic asylum.

Given under my hand this [p]
day of [p] 18

[q]

Witness,

[r]

i Here the medical attendant is to insert his name.
j The name of the insane person.
k The parish
l The county.
m The date of the first attendance.
n The date of the last attendance.
o he or she.
p The date.
q Here the physician, surgeon, or apothecary, is to sign his name, and specify whether he be a physician, surgeon, or apothecary.
r Here let the witness sign his name.

QUERIES, which the medical attendant is requested to answer.

1. What is the age of the patient, and what has been his, or her, employment?

2. What are the supposed causes of the insanity?

3. At what period of life did the patient first exhibit the symptoms of insanity?

4. How many attacks of the disease has the patient experienced?

5. How long continued, and how near perfect, have been the intervals of sanity?

6. Has the patient been under medical treatment in any period of his, or her, insanity; and, if so, under whose care?

7. If admitted into any public hospital, or private institution for lunatics, when and for what causes discharged?

8. Does the patient, at this time, labour under any infectious disease, or other bodily infirmity; or has he, or she, been afflicted with fits or palsy?

SCHEDULE *D.*

THE FORM OF A BOND REQUIRED UPON THE ADMISSION OF A PATIENT.

Know all men by these presents, that we A. B. and C. D. of E. are held and firmly bound to F. G. treasurer, for the time being, of the general lunatic asylum near Nottingham, in the sum of fifty pounds of lawful money of Great Britain, to be paid to the said F. G. or his certain attorney, executors, or administrators; for the true payment whereof, we bind ourselves, jointly and severally, our and each of our heirs, executors, and administrators, firmly by these presents, sealed with our seals, dated this . . . . . day of . . . . . in the year of our lord, one thousand eight hundred and . . . .

Whereas H. M. of N. at the special instance and request of A. B. and C. D. aforesaid,

said, has been this day admitted a patient of the said asylum, there to remain until . . . . shall recover . . . . former senses, or be discharged by the committee; therefore the condition of the above obligation is such, that, if the above bounden A. B. and C. D. or either of them, their or either of their heirs, executors, or administrators, do, and shall, at their own proper charge and expense, find and supply the said H. M. with all proper and necessary wearing apparel, and do, and shall, once in every month, or every week, if required, pay or cause to be paid to the said F. G. treasurer, or to his successor in the said office, at his dwelling-house, the weekly sum of . . . . for the care and maintenance of the said H. M. during . . . continuance in the said asylum; and in case of the death of the said H. M. shall pay and discharge all the expenses of . . . . burial; or if, after the said H. M. shall be duly discharged by the committee, the said A. B. and C. D. or either of them, their or either of their heirs,

executors,

executors, or administrators, shall forthwith, receive again the said H. M. or otherwise cause to be paid to the said F. G. treasurer, as aforesaid, or to his successors in the said office the sum of . . . . . of like money weekly, and every week, for so long time as the said H. M. shall remain in the said asylum after h discharge; then this obligation to be void, but otherwise to remain in full force.

Signed sealed and delivered, being first duly stamped in the presence of J. K.	A. B. (L. S.) C. D. (L. S.)

See the rules, relating to the patients; No. 3. 5.

INSTRUCTIONS

FOR THOSE,

Who make application for the admission of

PATIENTS

INTO THE

GENERAL LUNATIC ASYLUM,

NEAR

NOTTINHGAM.

If the patient be not a pauper, printed forms of the instruments herein before mentioned, may be obtained from the treasurer, or from the director of the asylum.

When the instruments, so procured, have been filled up according to the instructions contained in the respective margins, they are to be transmitted, post paid, to the director of the general lunatic asylum, near Nottingham, who will take the earliest opportunity

of

of submitting the application to the consideration of the house-committee, which sits on every wednesday, or oftener; and he will communicate their determination without delay. If the patient be adjudged a proper object, the friends are to treat with the house-committee, or with the director acting under their authority, respecting the amount of the weekly payment, at which the patient is to be rated: and the names of two responsible housekeepers, of whom one shall reside in the town of Nottingham or within five miles thereof, with their names, occupations, and places of abode, are to be sent, in writing, to the abovenamed director, who, if the securities be approved by the house-committee, will require them to execute a bond in the form annexed to the printed instructions. When these regulations have been carried into effect, the patient will be immediately admitted.

If any lunatic or dangerous idiot be chargeable to any parish within the county of Nottingham, or the county of the town of Nottingham,

ham, the overseers of the poor of every such parish are, by an act of parliament, passed in the forty-eighth year of the reign of his majesty king George the third, required to give information of every such insane person to a justice of the peace, acting in and for that county in which the parish, to which the pauper belongs, is situated; on which occasion, the justice of the peace will make such order concerning every such pauper, as the law directs: and if any overseer of the poor shall wilfully delay or neglect to give information, as above mentioned, he is, by the same act of parliament, rendered liable to the forfeiture and payment of ten pounds.

See the schedules

A LIST

OF

THE OFFICERS,

OF THE

GENERAL LUNATIC ASYLUM,

NEAR

NOTTINGHAM;

AND OF

THE BENEFACTORS

TO THE

INSTITUTION,

BY

DONATIONS, LEGACIES, AND ANNUAL SUBSCRIPTIONS,

FOR THE YEAR,

Commencing at Michaelmas,

1810.

OFFICERS.

for the Year, commencing at Michaelmas, 1810.

PRESIDENT.

HIS GRACE THE DUKE OF NEWCASTLE,
THE LORD LIEUTENANT OF THE COUNTY.

VICE PRESIDENT.

John Storer, M. D.

VISITING GOVERNORS.

JUSTICES OF THE PEACE FOR THE COUNTY OF NOTTINGHAM.

His Grace the Duke of Portland.
Anthony Hardolph Eyre, Esq. M. P.
William Sherbrooke, Esq.
John Need, Esq.
Thomas Lacey Dickonson, Esq.
John Kirke, Esq.
William Wylde, Esq.
Rev. Charles Wylde, D. D.
Rev. John Staunton, L. L. D.
Rev. Thomas Beaumont.

OFFICERS.

* Rev. John Kirkby.
* Rev. John Thomas Becher.

JUSTICES OF THE PEACE FOR THE COUNTY OF THE TOWN OF NOTTINGHAM.

* John Bates, Esq. Mayor.
Mr. Alderman Ashwell.
Mr. Alderman Swann.

VOLUNTARY SUBSCRIBERS.

The Right Honorable Lord Viscount Newark, M. P.
The Honorable John Simpson, M. P.
John Denison, Esq. M. P.
John Manners Sutton, Esq.
Frank Sotheron, Esq.
Francis Ferrand Foljambe, Esq.
* John Storer, M. D.
John Wright, Esq.
William Elliott Elliott, Esq.
John Longden, Esq.
* Francis Evans, Esq.
Thomas Maltby, Esq.
Mark Huish, Esq.
Charles Mellor, Esq.
* Mr. Wakefield.

Mr. Needham.
* Mr. Dale.

Those visiting governors, with an asterisk prefixed to their names, are auditors.

TREASURER.

Edward Smith Godfrey, Esq.

PHYSICIAN.

Charles Pennington, M. D.

SURGEON.

Mr. Henry Oldknow.

DIRECTOR.

MATRON.

CORRESPONDENTS and RECEIVERS.

Edward Smith Godfrey, Esq. Treasurer, Newark.

Samuel Smith, Esq. and Co: John and Ichabod Wright, Esquires, and Co: and Messrs. Moore, Maltby, Evans, and Middlemore: Bankers, Nottingham.

Messrs. Smith, Payne, and Smiths: Messrs. Robarts, Curtis, and Co: Sir Richard Carr Glynn, and Co: and Messrs. Barclay, Tritton, Bevan, and Co: Bankers, London.

For the hundred of Newark.

Messrs. Welby, Godfrey, and Co. Bankers, Newark.

For the hundred of Bingham.

The Rev. Thomas Beaumont, East Bridgeford.

For the hundred of Broxtowe.

Mr. Charles Stanton, Mansfield.

For the hundred of Thurgarton.

The Rev. William Becher, Southwell.

For the hundred of Basset-law.

BENEFACTORS,

BY

DONATIONS.

Those marked thus (*) are benefactors by donations, and by annual subscriptions.

	£.	s.	d.
ARKWRIGHT, Sir Richard, Cromford	200	0	0
Bainbridge, Mrs. Woodborough	100	0	0
Bakewell, Mr. John, Nottingham	50	0	0
Beresford, John Esq. Ashbourn	21	0	0
Bingham, Reverend James, Wartnaby, ...	20	0	0
Boawre, Reverend Mr. Eakring	10	0	0
Bott, Mr. George, Nottingham	10	10	0
Carver, Edward Esq. Birmingham	100	0	0
C. E.	50	0	0
Charlesworth, Reverend John, Ossington ..	5	5	0
Chilwell, The Inhabitants of	1	1	0
Denison, John Esq. M. P. Ossington ..	50	0	0
Denison, Robert Esq. Daybreck	21	0	0
Deverell, Mr. Samuel, Beeston	10	10	0
Drewry, Mr. Alderman, Derby	5	5	0
E. N. by Doctor Storer	100	0	0
Elliott, William Elliott Esq. Gedling-house	50	0	0
Elliott, John Esq. Nottingham	50	0	0

Fellows,

BENEFACTORS BY DONATIONS.

	£.	s.	d.
Fellows, John Esq. Beeston	20	0	0
* Foljambe, Francis Ferrand Esq. Osberton	50	0	0
* Fountayne, Miss, Papplewick	50	0	0
Fine, by the Mayor of Nottingham, in 1794	2	2	0
Green, Reverend William, Hardingham	10	10	0
G. S. by the Reverend Joshua Brooke, Newark	2	2	0
Hall, Mrs. Newark	50	0	0
Hancock, John Esq. Nottingham	50	0	0
Hayford, Mrs. Oxton	20	0	0
Ingleman, Mr. Richard, Southwell	21	0	0
Key, Mrs. Catharine, Bath	100	0	0
Lockton, Misses, Nottingham	2	2	0
Maddock, Reverend Henry, Enderby, near Leicester	5	5	0
Morris, John Esq. Nottingham	50	0	0
Neville, G. N. Esq.	5	5	0
Newdigate, Mrs. Bath	3	3	0
Pearson, Mrs. Chilwell	2	2	0
Penalty for embezzling goods, given by the Justices of the Peace for the county of Nottingham, and by Messrs. Hancock and Wakefield	8	0	0
Penalty for buying embezzled goods, given by the Justices of the Peace for the county of Nottingham	3	10	0
Penleaze, Miss, Newington	5	5	0
Philips, Mr. Nathaniel, Nottingham	20	0	0
Pocklington, Mrs. Winthorpe	10	10	0
Pocklington, Mrs. Mary, Newark	10	10	0
Pusey, Honorable Philip, near Reading ..	50	0	0

Play,

BENEFACTORS BY DONATIONS.

	£.	s.	d
Play, produce of a, by Messrs. Robertson and Manley	7	9	0
Ramsden, Mrs. E. Mansfield Woodhouse	30	0	0
Ramsden, Miss Charlotte, Mansfield Woodhouse	20	0	0
Robinson, James Esq. Papplewick	50	0	0
Robinson, John Esq. a fine for waving a prosecution,	4	0	0
Robottom, Mr. Nottingham	2	2	0
*Simpson, hon. John Bridgman, M. P. Babworth	50	0	0
Sherbrooke, Mrs. for the town of Oxton	50	0	0
Society, a friendly, at Chilwell, by Mr. W. Garton	4	14	6
Society, a friendly, at Mr. George Bott's, Nottingham	2	2	0
Staveley, Mr. Edward, Nottingham	21	0	0
Stewart, Mrs. Stourton Castle, Warwickshire	100	0	0
Unknown Lady, by Thomes Maltby Esq.	5	0	0
Unknown Lady, by Mrs. Worrall	1	1	0
Unknown Lady, by Messrs. Smiths, Bankers, Nottingham	0	9	6
Vestry Society of St. Mary's, Nottingham	5	5	0
Wakefield, Mrs. Nottingham	5	5	0
Amount,	£1764	5	0

BENEFACTORS,

BENEFACTORS,

BY

LEGACIES.

	£.	s.	d.
KEY, Mrs. Catharine, Bath, 2000 l.–120 l. of which was deducted for stamp duty	1880	0	0
Whetham, Mrs. Kirklington, 400 l.—40 l. of which was deducted for stamp duty	360	0	0
Stenton, Richard Esq. Mansfield 50 l.—3 l. of which was deducted for stamp duty	47	0	0
Buxton, Mr. John, Nottingham	100	0	0
Freeth, Mrs. Nottingham	20	0	0
Hunt, Mrs. Ann, Nottingham	20	0	0
Oldknow, Mrs. Elizabeth, Nottingham	50	0	0
Pearsall, Mr. John, Nottingham	10	0	0
Amount ..	£2487	0	0

BENEFACTORS,

BY

ANNUAL SUBSCRIPTIONS.

Those marked thus (*) are Benefactors by Donations, and by Annual Subscriptions.

A	£.	s.	d.
ALLSOPP, Mr. Lewis, Nottingham	2	2	0
B			
Bagshaw, Benjamin Esq. Mansfield	2	2	0
Bardsley, Mr. Nottingham	1	1	0
Bates, John Esq. the Mayor, Nottingham	2	2	0
Becher, Reverend William, Southwell	2	2	0
Becher, Reverend John Thomas, Southwell	2	2	0
Bigsby, Mr. John, Surgeon, Nottingham ...	2	2	0
Blanchard, Reverend John, Nottingham ...	2	2	0
Bland, Mrs. East Bridgford	1	1	0
Bolton, Thomas Esq. Ratcliffe Lodge	2	2	0
Bolton, Mr. Samuel Nottingham	2	2	0
Braithwaite, Mr. Francis, Nottingham ...	2	2	0
Brettle, John Esq. Thurgarton	2	2	0
Brock, Jeffery Esq. Mansfield	2	2	0
Brown, Reverend J. H. Eakring	2	2	0

Chesterfield,

C	£.	s.	d.
Chesterfield, Earl of, Bradby	5	5	0
Chesterfield, Countess of, Bradby	5	5	0
Cape, Mr. Joseph Pagett, Nottingham ...	2	2	0
Chamberlin, John Esq. Red Hill	2	2	0
Clarke, James, M. D. Nottingham	2	2	0
Claye, Reverend William, Southwell	2	2	0
Coke, Daniel Parker Esq. M. P. Derby ..	2	2	0
Coldham, George Esq. Nottingham	2	2	0
Cooper, John Gilbert jun. Esq. Thurgarton ..	2	2	0
D			
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Dashwood, Reverend S. F. Stanford Vicarage	2	2	0
Dickonson, Thomas Lacey Esq. West Retford	2	2	0
Dinsdale, Reverend Owen, Wilford	2	2	0
Donithorne, Reverend Thomas, Holme Pierepont	2	2	0
E			
Edge, Thomas Webbe Esq. Shelley	2	2	0
Evans, Francis Esq. Lenton Grove	2	2	0
Evison, Thomas Gentleman, Nottingham ..	2	2	0
Eyre, Anthony Hardolph Esq. M. P. Grove	5	5	0
Eyre, Reverend John, Archdeacon, Babworth	2	2	0
F			
* Foljambe, Francis Ferrand Esq. Osberton .	5	5	0
* Fountayne, Miss Papplewick	5	5	0
Fynes, Reverend Dr. Cromwell	2	2	0
G			
Godfrey, Edward Smith Esq Newark	2	2	0

Gregory,

ANNUAL SUBSCRIPTIONS.

	£.	s.	d.
Gregory, Reverend Edward, Langar	2	2	0
H			
Holland, Right Honorable Lord, the Recorder of Nottingham	5	5	0
Haines, Tempest Esq. Nottingham	2	2	0
Hall, Thomas Esq. Nottingham	2	2	0
Hardwick, Francis Esq. Nottingham	2	2	0
Hill, Mr. Thomas, Nottingham	2	2	0
Holmes, John Esq. East Retford	2	2	0
Holden, Robert Esq. Darley Abbey	2	2	0
Hollins, Mr. Nottingham	2	2	0
Huish, John Esq. London	2	2	0
Huish, Mark Esq. Nottingham	2	2	0
Huish, Mrs. St. James's Street, Nottingham .	2	2	0
I			
Inherscle, Thomas Esq. Market Harborough	2	2	0
K			
Kendall, Thomas Esq. Stragglethorpe	2	2	0
Kirkby, Reverend John, Gotham	2	2	0
Knight, Henry Esq. Langold	5	5	0
L			
Launder, Miss Nottingham	2	2	0
Leeson, Mr. Nottingham	2	2	0
Longden, John Esq. Bramcote Hills	2	2	0
Lowe, Reverend Robert, Bingham	2	2	0
Lowe, Mr. William, Nottingham	2	2	0
M			
Manvers, Earl, Thoresby	5	5	0

Manvers,

	£.	s.	d.
Manvers, Countess, Thoresby	2	2	0
Marsden, William, M. D. Nottingham	2	2	0
Maltby, James Esq. Mansfield	2	2	0
Maltby. Thomas Esq. Nottingham	2	2	0
Markland, Mr. Nottingham	2	2	0
Mellor, Charles Esq. Snenton	2	2	0
Mellor, Mr. Walter, Tuxford	1	1	0
Merris, Mrs. Nottingham	2	2	0
Mettam, Reverend Geo. Barwell, Leicestershire	2	2	0
Middlemore, W. R. Esq. Nottingham	2	2	0
Moore, Thomas Esq. Nottingham	2	2	0

N

Newcastle, His Grace the Duke of, Clumber	21	0	0
Newcastle, Her Grace the Dutchess of, Clumber	5	5	0
Newark, Lord Viscount, M. P. Holme pierrpoint	5	5	0
Neale, Pendock Barry Esq. Tollerton	5	5	0
Neale, Reverend Pendock, Tollerton	2	2	0
Needham, Mr. Lenton	2	2	0
Need, Mr. N. Jun. Druggist, Nottingham ..	2	2	0
Nixon, Reverend Charles, Nuttall	2	2	0
Nixon, Mr. John, Nottingham	2	2	0

P

Portland, His Grace the Duke of, Welbeck .	10	10	0
Padley, Robert Esq. Burton Joice	2	2	0
Payne, Mrs. Nottingham	2	2	0
Pennington, Charles M. D. Nottingham	2	2	0
Pocklington, Joseph Esq. Muskham House ..	2	2	0

R

Rawson, William Ford Esq. Ruddington ..	2	2	0

Sedley,

S

	£.	s.	d.
Sedley, Honorable Henry, Nuttall Temple . .	3	3	0
Sherbrooke, William Esq. Oxton	5	5	0
* Simpson, Honorable J. B , M. P. Babworth	5	5	0
Smelt, Reverend William, Gedling	2	2	0
Smith, Samuel Esq. M. P. Woodhall, Herts.	5	5	0
Smith, William Esq. Nottingham	2	2	0
Smith, Mr. T. C. Nottingham	2	2	0
Sotheron, Frank Esq. Kirklington	5	5	0
Spragging, Thomas Esq. Newark	2	2	0
Staunton, Reverend John, L L. D. Nottingham	2	2	0
Storer, John M. D. Nottingham	2	2	0
Story, Mrs. Nottingham	5	5	0
Stretton, Mr. William, Lenton	2	2	0
Stretton, Mr. George, Nottingham	2	2	0
Sutton, John Manners Esq. Kelham House . .	5	5	0
Sutton, Rev. Richard, Brant Broughton . .	2	2	0
Sutton, Mr. Charles, Nottingham	2	2	0

T

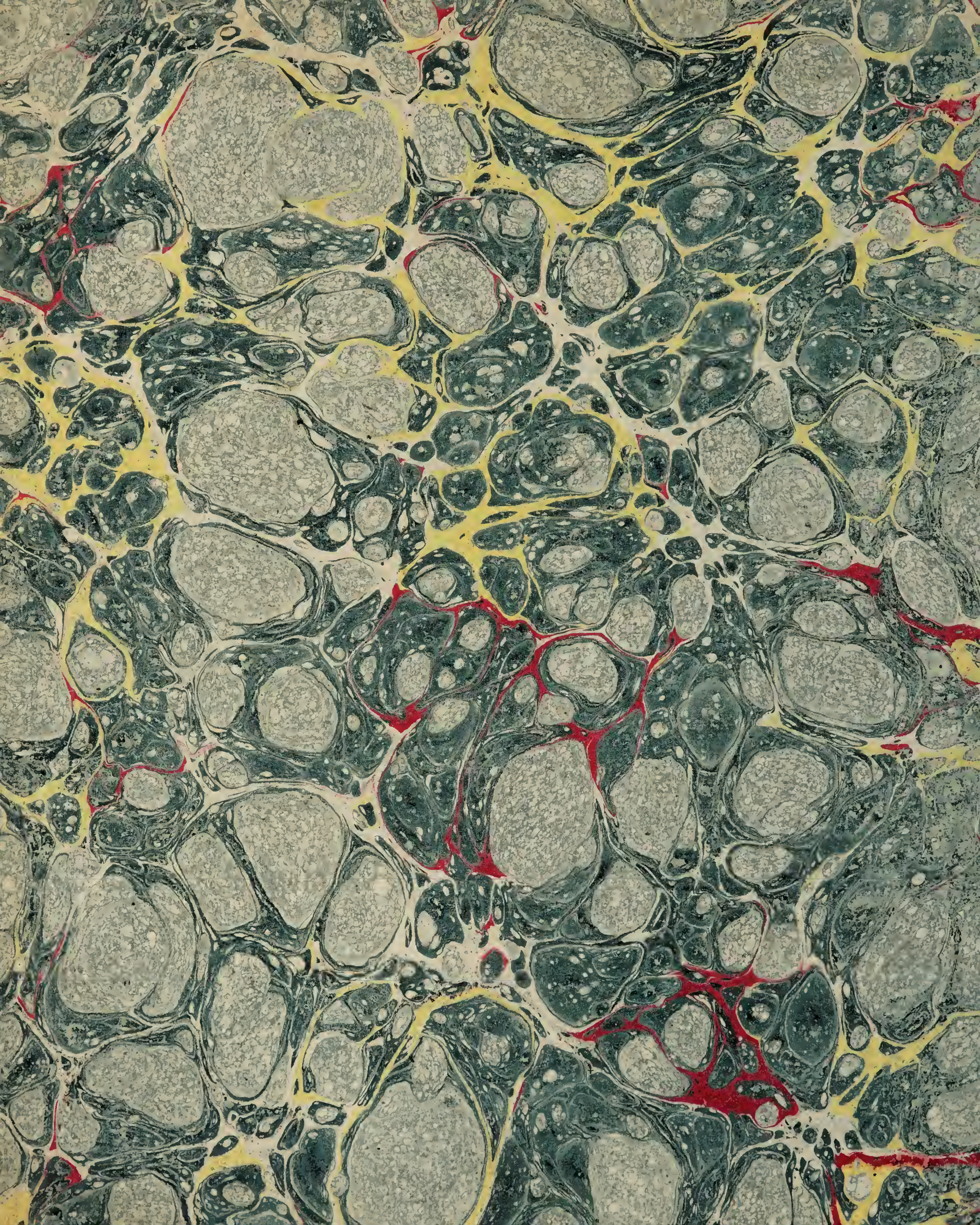
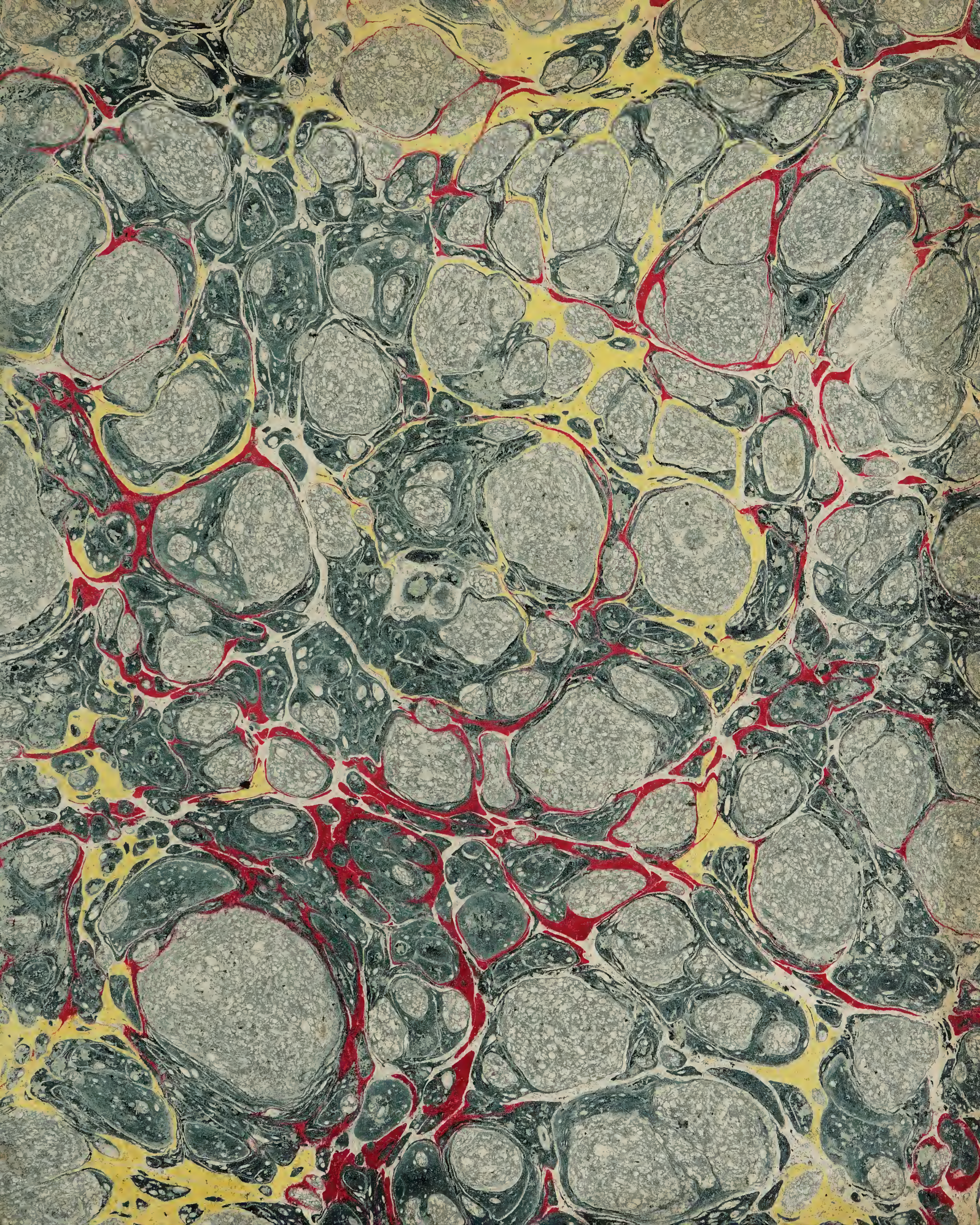
Tallents, Mr. William Edward, Newark . . .	2	2	0
Tayler, Mr. William, Long-row, Nottingham	2	2	0

W

Waddington, Rev. George, Tuxford	2	2	0
Wakefield, Mr. Francis, Nottingham	2	2	0
Wells, Mr. Nottingham	2	2	0
Wright, John Esq. Lenton	5	5	0
Wright, Ichabod Esq. Mapperley	5	5	0
Wright, John Smith Esq. Wilford house	3	3	0
Wright, Samuel Esq. Colston Basset	2	2	0

Wright,

ANNUAL SUBSCRIPTIONS.

	£	s.	d.
Wright, Thomas Esq. High Sheriff, Norwood Park	2	2	0
Wright, Edmund Esq. Nottingham	2	2	0
Wright, Miss Frances, Nottingham	2	2	0
Wylde, William Esq. Southwell	2	2	0

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